

# YOUR *MARYKAY* CLINICAL SOLUTIONS™ RETINOL 0.5 PRODUCT COMPATIBILITY GUIDE

## Be wise while you retinize!

When using a high-concentration retinol product, it's important to gradually establish skin tolerance before advancing to more frequent use. This includes Mary Kay's eight-week retinization protocol, during which it is also recommended to avoid certain products and ingredients. This will help maximize comfort and ensure the best possible experience.

See below for *Mary Kay*® products to avoid during the eight-week period as well as how and when to resume using them.

### AVOID USE DURING RETINIZATION

### DIRECTIONS FOR USE AFTER RETINIZATION

#### EXFOLIATORS



○ *TimeWise*® Microdermabrasion Refine

○ *TimeWise Repair*® Revealing Radiance® Facial Peel



○ *Botanical Effects*® Invigorating Scrub



○ *Mary Kay Naturally*® Exfoliating Powder



☾ Use on nights you are not applying retinol 0.5, and use no more than 2 or 3 times per week.

#### EXFOLIATING TOOLS



○ *Skinvigorate Sonic*™ Skin Care System  
○ *Skinvigorate Sonic*™ Facial Massage Head

Reintroduce the facial cleansing brush head on the gentle setting before advancing to higher levels.

#### HIGH CONCENTRATIONS OF VITAMIN C



○ *TimeWise Replenishing Serum C+E*™

☀ Apply only in the mornings. Do not apply day and night when using retinol 0.5.

**ACNE TREATMENT PRODUCTS** that include benzoyl peroxide and salicylic acid

○ *Clear Proof*® Acne System



Not recommended for use with retinol 0.5.

#### OTHER



○ *Mary Kay*® Hydrogel Eye Patches

☀☾ Use in the morning or on alternating nights from your application of retinol 0.5.

**Pregnant, lactating or planning to become pregnant?** Do not use *Mary Kay Clinical Solutions*™ Retinol 0.5 during these times.

MARY KAY

During the retinization process, Mary Kay recommends avoiding physical and chemical exfoliation products, acne products and products with high concentrations of vitamin C since they may contribute to temporary dryness or irritation. For more information on usage and for Mary Kay recommendations, visit [marykay.com/clinicalsolutions](http://marykay.com/clinicalsolutions) or contact your Mary Kay Independent Beauty Consultant. Keep out of the reach of children. Consult your physician if you have any questions regarding retinol use.

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